

Baltic Society of Phlebology
in cooperation with
Dr. Maurins Vein Clinic

Dr. Maurins  Vein Clinic



**The Baltic Society
of Phlebology**

11th International Master Course in Phlebology

Treatment of Venous Diseases during Summer -
for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Riga
July 31 – August 1
2015





Dear colleagues and friends!

On behalf of the Baltic Society of Phlebology I have the honor to welcome you in Riga for the 11th International Master Course of Phlebology. The theme of this event is the treatment of venous diseases during summer time.

The venous disease treatment has undergone considerable changes over the past few years. New technologies keep emerging on the market allowing for less traumatism to the varicose veins during the treatment and reducing the complications risk to the minimum.

Frequently even specialized clinics perform varicose vein treatment only during the cooler months of the year the reason being that over warmer weather spells patients tend to not comply with requirement to wear compression stockings. Consequently in clinics, over summer months, there is significant decline in the numbers of patients treated. This fact served as the rationale for our initiative to organise this event to share our experience in treating varicose veins also during summer months - not using the compression therapy, while at the same time retaining the treatment quality.

We are delighted to welcome here Dr **Bo Eklof** from Sweden, a former president of the American Venous Forum (AVF) and honorary member of the European Venous Forum (EVF). He has been and still is on the editorial boards of numerous journals, including *J Kuwait Med Association, Phlebology, Med Principles and Practice, International Angiology, Brit J Surg, J Cardiovasc Surgery, International J Angiology, Vasc Endovasc Surgery, J Phlebology, and Vascular*. He is the author of more than 250 papers in peer-reviewed journals with 40 book chapters and 460 presentations. He has been a member of several guideline committees for the Society for Vascular Surgery and the AVF, as well as the EVF. He is the person responsible for organizing the EVF Hands-on Workshops (EVF HOW) since their start in 2010. Each participant of this event will have the unique opportunity to learn from him.

I would like to point out that Dr **Kasuo Miyake** from Brazil will also be joining us. He is the President of the International Meeting on Aesthetic Phlebology – IMAP and Director of Clinica Miyake. For the past 10 years he has worked on developing and implementing the ClaCS (cryo-laser and cryo-sclerotherapy) method that allows treating spider veins without compression therapy while at the same time reducing the side effect risk. It is a great pleasure indeed that he will participate in this master course as faculty member.

This provides the participants with an opportunity to learn about the most accurate and state-of-art techniques in treatment of venous diseases from the world's leading physicians in vein care.

The two-day workshop will focus on the most recent techniques: sclerotherapy and laser therapy, as well as “tips and tricks” for treating vein problems successfully.

The emphasis will be put on learning efficiency by forming smaller groups of participants to ensure more opportunities for questions and discussions.

I am looking forward to seeing you all during the 11th International Master Course in Phlebology and welcoming you in Riga in summer time.

Faculty



Bo G. Eklof, MD, PhD
Clinical Professor Emeritus
University of Lund
Helsingborg, Sweden



Roberto Kasuo Miyake, MD, PhD
Clínica Miyake – Vascular Surgery
São Paulo, Brazil



Uldis Maurins, MD, PhD
Dr. Maurins Vein Clinic
Riga, Latvia



Kristine Rozniece, MD, PhD
Dr. Maurins Vein Clinic
Riga, Latvia



Arnolds Kadiss, MD, PhD
Dr. Maurins Vein Clinic
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Sandra Prave, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Juris Rits, MD
Dr. Maurins Vein Clinic
Riga, Latvia



Rets Vigants, MD
Dr. Maurins Vein Clinic
Riga, Latvia

Treatment of Venous Diseases during Summer – for Phlebologists, Dermatologists, Surgeons and Vascular Surgeons

Friday, July 31, 2015 15:30 - 19:30
Avalon Hotel, 13. janvara Street 19, Riga, Latvia

Saturday, August 1, 2015 9:00 - 13:00
Avalon Hotel, 13. janvara Street 19, Riga, Latvia

Saturday, August 1, 2015 14:00 - 18:00
Dr. Maurins Vein Clinic, Kokneses Prospect 18A, Riga, Latvia

Registration: The master course's practical part is limited to **60** practicing clinicians, with places available on a first-come, first-served basis. Registration categories and fees are listed below. To register please visit the Baltic Society of Phlebology website at www.baltic-phlebology.org and download the Meeting Registration Form to be sent, after completion, by fax to +371 67 241343 or by e-mail: events@baltic-phlebology.org.

For more information call +371 29 213773, or e-mail: events@baltic-phlebology.org, www.baltic-phlebology.org.

2-Day Course (theoretical and practical part): 250 EUR
(Members of the Baltic Society of Phlebology - 200 EUR).

2-Day Course (only theoretical part): 100 EUR
(Members of the Baltic Society of Phlebology – 80 EUR).

Included: Course syllabus, dinner on July 31, lunch on August 1 and refreshments.
Accompanying person for dinner on July 31: 30 EUR.

Accommodation: On behalf of our meeting attendees, a special rate has been secured for the dates of the meeting at 68 EUR/night for a standard single room, 78 EUR/night for a standard room double occupancy, 80 EUR/night for a superior single room and 90 EUR/night for a superior room double occupancy at the Avalon Hotel. When making your reservation, please be sure to mention the key word: **PHLEBOLOGY**, deadline for the special rate reservation is 07.07.2015.

For reservations, please e-mail to reservations@hotelavalon.eu or call the Avalon Hotel at +371 67 876524.

Language: The official language of the course is English.

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Day 1 Friday, July 31, 2015

15:30	Registration
16:00 - 16:05	Welcome of the participants
16:05 - 16:25	Clinical investigation and duplex ultrasound before treatment of varicose veins: creating a treatment plan. Sandra Prave , Latvia
16:25 - 16:45	Augmented reality and duplex scan on aesthetic leg vein treatment decision: Score 9-1. Kasuo Miyake , Brazil
16:45 - 17:05	Treatment of varicose veins during summer: patient selection and combining modern vein care and aesthetics. Juris Rits , Latvia
17:05 - 17:40	Coffee break
17:40 - 18:00	Foam sclerotherapy of GSV and SSV in the practice. Advantages disadvantages of the method compared to other endovascular techniques. Arnolds Kadiss , Latvia
18:00 - 18:20	Cryo-laser and cryo-sclerotherapy guided by augmented reality: a grow trend on the treatment of telangiectasias and feeder veins. Kasuo Miyake , Brazil
18:20 - 18:40	Principles of laser ablation of GSV and SSV during summer. Uldis Maurins , Latvia
18:40 - 19:00	Endovenous thermal ablation RCT's: do we know enough? Bo Eklof , Sweden
19:00 - 19:30	Questions and answers
20:00	Dinner

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Day 2 Saturday, August 1, 2015

- 9:00 - 9:20 How to perform cryo-laser and cryo-sclerotherapy (CLaCS). **Kasuo Miyake**, Brazil
- 9:20 - 9:40 How to perform laser therapy of skin telangiectasias. **Kristine Rozniece**, Latvia
- 9:40 - 10:00 How to perform laser ablation of tributaries and perforating veins. **Juris Rits**, Latvia
- 10:00 - 10:30 Coffee break
- 10:30 - 10:50 How to perform ultrasound guided sclerotherapy of GSV and SSV. **Arnolds Kadiss**, Latvia
- 10:50 - 11:10 How to perform laser ablation of GSV and SSV. **Uldis Maurins**, Latvia
- 11:10 - 11:30 CVD management: My view for the future. **Bo Eklof**, Sweden
- 11:30 - 12:00 Questions and answers
- 12:00 - 13:00 Lunch break
- 14:00 - 18:00 Practical demonstrations in rotating groups (each group of 8-12 doctors)
- Group 1:** Cryo-laser and cryo-sclerotherapy (CLaCS). **Kasuo Miyake**, Brazil
 - Group 2:** Laser ablation of SSV. **Rets Vigants**, Latvia
 - Group 3:** Laser ablation of GSV. **Uldis Maurins**, Latvia
 - Group 4:** Laser ablation of tributaries and perforating veins. **Juris Rits**, Latvia
 - Group 5:** Ultrasound guided sclerotherapy of GSV and SSV. **Arnolds Kadiss**, Latvia
 - Group 6:** Clinical investigation and duplex ultrasound before treatment of varicose veins: creating a treatment plan. **Sandra Prave**, Latvia
- 18:00 Final questions and answers

Upon completion of the course, each participant will receive an official certificate of attendance.

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