Dear Colleges and Friends,

The Baltic Society of Phlebology is proud to invite you to the 2nd Baltic Vein Days. It will be held in Vilnius, capital of Lithuania, on May 20-21, 2011 at the Radisson Blue Hotel.

We hope to attract over 120 delegates. Moreover, we have prepared a particularly interesting and scientific program with worldwide known leaders of phlebology. Our purpose is to introduce delegates with development and achievements of phlebology in Baltic countries and Belorussia.

In addition to the scientific activity, the organizing committee has prepared social program and Gala dinner in one of the most beautiful Old Towns in Baltic States.

Congress Presidents:

Narimantas Markevičius, MD, PhD
Linas Velička, MD, PhD
Rolandas Dagilaitis, MD, PhD
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Program Friday 20 May

15:00 Registration
16:00-16:30 Opening ceremony
16:30-17:00 **Keynote lecture**
   *Phlebology of the 21st century.* E. Rabe (Germany)

17:00-18:00 **SESSION: Epidemiology, classification, Chairmen: E. Rabe, V. Triponis**
- Epidemiology and risk factors for varicose veins and CVI.
- Results from Bonn Vein Study I and II. F. Pannier (Germany)
- Clinical and duplex anatomy of lower legs venous system.
- CEAP classification. S. Karniyevich (Belarus)
- A short survey of phlebology in Lithuania. V. Triponis (Lithuania)

18:00-18:30 Break
18:30-19:00 **Keynote lecture**
   *Sclerotherapy in 2011.* F. Pannier (Germany)

19:00-20:00 **SESSION: Sclerotherapy, Chairmen: F. Pannier, R. Dagilaitis**
- Sclerotherapy of reticular and spider veins. S. Prave (Latvia)
- Sclerotherapy of saphenous veins and tributaries. U. Maurins (Latvia)
- First experience of sclerotherapy in Belarus. P. Gavrin (Belarus)
- Role of Long-pulsed Nd: YAG laser in treatment of vascular lesions. R. Dagilaitis (Lithuania)

20:30-23:00 Gala dinner
Program Saturday 21 May

8:00-9:30  **SESSION: Update in Phlebology, Chairmen: E. Rabe, U. Maurins**
Duplex ultrasound in the evaluation of varicose veins. U. Maurins (Latvia)
Update in sclerotherapy. E. Rabe (Germany)
Update in varicose vein surgery. H.J. Hermanns (Germany)

9:30-10:00  Break

10:00-10:30  **Keynote lecture**
**Endovascular laser ablation in 2011.** R. Dagilaitis (Lithuania)

10:30-11:30  **SESSION: Endovascular techniques, Chairmen: R. Dagilaitis, F. Pannier**
Radiofrequency (VNUS) ablation of incompetent saphenous veins.
Technique and clinical experience. V. Bekeris (Latvia)
Endovenous thermal ablation of superficial venous reflux of the lower extremity using
diode laser 1470 nm and radial fiber: single-center experience with 1500 limbs treated
in a 3-year period. P. Dragic (Serbia)
Endovenous laser ablation for small saphenous veins 30 months follow-up. J. Rits (Latvia)
Endovenous Laser Ablation. Which parameters influence success? U. Maurins (Latvia)

11:30-12:00  Break

12:00-12:30  **Keynote lecture**
**Venous Ulcer treatment in 2011.** H.J. Hermanns (Germany)

12:30-13:30  **SESSION: Managements of venous ulcer, Chairmen: H.J. Hermanns, L. Velicka**
Venous leg ulcer diagnosis and treatment tactics of vascular surgeon's perspective.
L. Velicka (Lithuania)
Compression therapy in venous leg ulcers. A. Kadiss (Latvia)
Dubai experience in chronic venous ulcer management. A. Haghshenas (UAE)

13:30-14:30  Lunch

14:30-15:00  **Keynote lecture**
**Therapy of DVT in 2011.** N. Bækgaard (Denmark)

15:00-16:00  **SESSION: Venous thromboembolism and compression therapy,**
**Chairmen: N. Bækgaard, N. Markevicius**
Current treatment of superficial thrombophlebitis. F. Pannier (Germany)
Comparison of catheter-directed thrombolysis and heparins for acute iliac and femoral
vein thrombosis: 7 years results. N. Markevicius (Lithuania)
How to predict evolution to post thrombotic syndrome. E. Rabe (Germany)

16:00-16:30  Break

16:30-17:00  **Keynote lecture**
**Minisurgery and phlebectomy according to Várady.** Z. Várady (Germany)

17:00-18:30  **FILM SESSION, Chairmen: Z. Várady, H.J. Hermanns, U. Maurins**
Chemical ablation. U. Maurins (Latvia)
Laser ablation. R. Dagilaitis (Lithuania)
Radiofrequency (VNUS) ablation. V. Bekeris (Latvia)
Varicose Vein Surgery With Bloodless Field Technique. H. J. Hermanns (Germany)
Phlebectomy according Várady. Z. Várady (Germany)
Variants of subfascial endoscopic perforators surgery in the complex treatment of patients
with chronic venous insufficiency. S. A. Sushkov (Belarus)
The Ulcer Shaving Technique. H. J. Hermanns (Germany)

18:30  Closing remarks
**2nd Baltic Vein Days**

**CONGRES VENUE**
Radisson Blu Astorija Hotel, Vilnius ★★★★★
Didzioji street 35/2
01128 Vilnius

The Radisson Blu Astorija Hotel is conveniently located in the heart of the Old Town. With its picturesque cobblestone streets and numerous historic buildings the Old Town of Vilnius is one of the largest preserved towns in Baltic States and offers a glimpse into 19th century life. Our hotel is just 6 kilometers from the Vilnius Airport and a kilometer from the railway station. Built in 1901, the hotel was entirely renovated in 2000.

**REGISTRATION:** Registrations categories and fees are listed below.

**REGISTRATION FEES**

<table>
<thead>
<tr>
<th></th>
<th>before March 31, 2011</th>
<th>after March 31, 2011</th>
<th>after May 20, 2011</th>
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<tbody>
<tr>
<td>Members of Baltic Society of Phlebology</td>
<td>50 EUR</td>
<td>75 EUR</td>
<td>100 EUR</td>
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<tr>
<td>Full registration fee</td>
<td>100 EUR</td>
<td>150 EUR</td>
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<tr>
<td>Residents, nurses</td>
<td>30 EUR</td>
<td>50 EUR</td>
<td>70 EUR</td>
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<tr>
<td>Accompanying persons</td>
<td>30 EUR</td>
<td>50 EUR</td>
<td>70 EUR</td>
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**ACCOMMODATION**

On behalf of our meeting attendees, a special rate has been secured over the dates of the meeting:

- 126 EUR/night for a single room at Radisson Blue Astoria Hotel (www.radissonblu.com).
- 70 EUR/night for single room at the Artis Centrum Hotel (www.centrumhotels.com).

For reservations, please write e-mail to reservations.vilnius@radissonblu.com.
For reservations, please write e-mail to artis@centrumhotels.com.

When making a reservation, please be sure to mention the key word: **Baltic Vein Days.**
Registration for participants includes:

- Admission to the Congress and access to scientific sessions
- Access to the exhibition
- Congress bag
- Congress documentation
- Congress badge
- Certificate of attendance
- Refreshment served during coffee breaks
- Gala dinner
- Sightseeing tour of Vilnius

Registration for accompanying persons includes:

- Access to the exhibition
- Refreshment served during coffee breaks
- Gala dinner
- Sightseeing tour of Vilnius

To register, please visit the Baltic Society of Phlebology website at [link] to download the 2nd Baltic Vein Days registration form and after the completion send by fax at +371 67 241343 or e-mail: events@baltic-phlebology.org

For more info:
+371 29 213773, e-mail: events@baltic-phlebology.org, www.baltic-phlebology.org

OFFICIAL LANGUAGE
The official language of the Congress is English without simultaneous translation.

IMPORTANT DEADLINES
Deadline for submission of abstracts: March 31, 2011
Deadline for reduced registration fee: March 31, 2011
CALL FOR ABSTRACT
The Scientific Committee invites all participants to contribute to the scientific program by submitting an abstract for presentation as a paper or film. Abstracts must be submitted by March 31, 2011. Abstracts received after this date will not be considered.

PROGRAM TOPICS
• Epidemiology, classification
• New concepts in the sclerotherapy of venous diseases
• Endovascular techniques in treatment of venous diseases
• New methods to improve the results in management of venous ulcer
• New tools and methods for vein surgery
• What is the news in treatment of venous thromboembolism and compression therapy?

SUBMISSION RULES
Abstract submission deadline: March 31, 2011.
Abstract acceptance notice: April 15, 2011.
Abstracts must be submitted using the preformatted form below.
All abstracts must be submitted in English.
Please state your preference for podium or film presentation.
All accepted abstracts will be published in the meeting proceedings.

The preformatted submission form is formatted as follows

<table>
<thead>
<tr>
<th>Abstract type</th>
<th>• Oral</th>
<th>• Film</th>
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</thead>
<tbody>
<tr>
<td>Title:</td>
<td>Entire title in capital letters without abbreviations.</td>
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</tr>
<tr>
<td>Presenter:</td>
<td>Entire title in capital letters without abbreviations.</td>
<td></td>
</tr>
<tr>
<td>Authors:</td>
<td>Give initials first, then surname without title or degrees. The presenting author's name should be included here. Authors not listed will be omitted from published materials.</td>
<td></td>
</tr>
<tr>
<td>Affiliation:</td>
<td>Give each author's details (Department, Institution, City, Country)</td>
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</tr>
<tr>
<td>Abstract body:</td>
<td>The following steps should be used to prepare the abstract:</td>
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<tr>
<td>Purpose:</td>
<td>Begin with a short statement of the purpose of the study.</td>
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<tr>
<td>Materials or Subjects</td>
<td>Describe the materials or subjects examined.</td>
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<tr>
<td>Methods:</td>
<td>Follow with a concise description of how the project was performed.</td>
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<tr>
<td>Results:</td>
<td>When reporting the results, describe what has been learned, not what is hoped will be learned.</td>
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<tr>
<td>Conclusions:</td>
<td>End with a conclusion directly supported by the results of data, pointing out the relevance and/or significance of the findings</td>
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<tr>
<td>Abstract Size:</td>
<td>The abstract should not exceed 500 words. No abstract with deferred outcome data will be considered.</td>
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<tr>
<td>Abstract type:</td>
<td>• Oral Communication Authors will have 7 minutes for their presentation and 3 minutes for discussion</td>
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<tr>
<td></td>
<td>• Film Communication Authors will have 7 minutes for their film presentation and 3 minutes for discussion</td>
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</tbody>
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ABSTRACT SUBMISSION
Abstracts must be submitted to the Scientific Committee by e-mail: info@baltic-phlebology.org
2nd Baltic Vein Days

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2nd Baltic Vein Days

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Organizing Secretariat

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