FROM MINISURGERY TO LASER ABLATION

JURMALA - LATVIA
MAY 19 – 20
2017

BALTIC SOCIETY OF PHLEBOLOGY
4th SCIENTIFIC MEETING

INTERNATIONAL FORUM
FOR MINISURGERY OF VARICOSE VEINS
VARADY’S 32nd INTERNATIONAL WORKSHOP

www.baltic-phlebology.org
WELCOME

Dear colleagues and friends!

We are delighted to invite you to the 4th Scientific Meeting of the Baltic Society of Phlebology and Varady’s 32nd International Workshop for Phlebology, Lymphology and Angiology of the International Forum for Minisurgery of Varicose Veins. The congress will take place in Jurmala, Latvia, May 19 – 20, 2017.

Jurmala, literally “seaside”, is a cluster of former fishing villages lining the southern shore of the Gulf of Riga. SemaraH Hotel Lielupe SPA & Conferences as a venue combines stylish reception and event premises with the city’s most desirable location at the very heart of Jurmala, surrounded by fragrant pine trees, just a few hundred metres from the Bulduri Beach, within easy reach of Riga’s and Jurmala’s prime attractions and just a 15-minutes drive from the Riga International Airport. The pine tree forest, fresh air and golden sandy beaches will allow you to fully enjoy the nature, relax and engage in creative work.

The theme for the 2017 congress is “FROM MINISURGERY TO LASER ABLATION”. The congress will be exciting, stimulating and focused on the aesthetic Phlebology, mini-invasive treatment methods as well as new technologies in phlebology.

We hope to see you in Jurmala!

Prof. Uldis Maurins
President of
Baltic Society of Phlebology
and International Forum
for Minisurgery of Varicose Veins

Prof. Zoltan Várady
President of Honour International Forum
for Minisurgery of Varicose Veins
INVITED AND KEYNOTE SPEAKERS

A/Prof. Marianne De Maeseneer (Belgium)
Vascular Surgeon
Vice-President, UIP

Marianne De Maeseneer is a vascular surgeon, working as a staff member in charge of Phlebology, at the Department of Dermatology at Erasmus MC in Rotterdam, the Netherlands. Her academic interests are focused on treatment strategies for varicose veins, prevention of recurrence, use of duplex ultrasound before and after intervention, diagnosis and treatment of superficial vein thrombosis, prevention, diagnosis and treatment of deep vein thrombosis, management of post-thrombotic syndrome and inferior vena cava atresia.

A/Prof. Felizitas Pannier (Germany)
Phlebologist and Dermatologist, Board member, German Society of Phlebology,
Chairperson, Endovenous Working Group of the German Society of Phlebology

Felizitas Pannier is a dermatologist and phlebologist, working at the Department of Dermatology at the University of Cologne and Private Practice in Bonn and Moenchengladbach, Germany. She has experience in organizing numerous advanced level phlebology training courses of endovenous laser ablation and sclerotherapy. Her main scientific interests lie with endovenous laser treatment and venous epidemiology.

Prof. Larisa Chernukha (Ukraine)
Vascular Surgeon
Vice-President, Association of Vascular Surgeons, Phlebologists, Angiologists of Ukraine

Larisa Chernukha is a vascular surgeon, working as the leading research fellow of the Department of Vascular Surgery at O. Shalimov National Institute of Surgery and Transplantology of the National Academy of Medical Sciences of Ukraine in Kiev, Ukraine. Her main scientific interests lie with surgical treatment of lymphedema and vascular malformations.

Prof. Eberhard Rabe (Germany)
Phlebologist and Dermatologist, President, European College of Phlebology
Past President, UIP
Past President, German Society of Phlebology

Eberhard Rabe is a dermatologist and phlebologist, working at the Department of Dermatology at the University of Bonn, Germany. His clinical interests include epidemiology of venous diseases (Bonn Vein Study), diagnostics of venous diseases, sclerotherapy (European Guideline), diagnosis and treatment of varicose veins, post-thrombotic syndrome, venous leg ulcers, lymphedema, superficial and deep venous thrombosis.
INVITED AND KEYNOTE SPEAKERS

A/Prof. **Kurosh Parsi** (Australia)
Dermatologist, Phlebologist and Vascular Anomalies Specialist
President, Australasian College of Phlebology
Treasurer, UIP

Kurosh Parsi is a dermatologist, phlebologist and vascular anomalies specialist, working at the Department of Dermatology, St Vincent’s Hospital in Sydney, Australia. Prof. Parsi’s basic science research has focused on the physio-chemical and fluid mechanics of foam sclerosants. His clinical research in phlebology has focused on deep vein sclerosis, traveller’s thrombosis, vascular malformations and tumors. Clinical interests include endovenous interventions, vascular anomalies, antiphospholipid syndrome and vascular dermatology. He is also the president of the next XVIII UIP World Congress in Melbourne, Australia in 2018.

Prof. **Kasu Miyake** (Brazil)
Vascular Surgeon, President, International Meeting on Aesthetic Phlebology
President, Brazilian Society of Laser in Medicine and Surgery

Kasu Miyake is a vascular surgeon, working at the Private Clinic in Sao Paulo, Brazil. For the past 10 years he has worked on inventing, developing and implementing the ClaCS method (cryo-laser and cryo-sclerotherapy) that allows treating spider veins without compression therapy. His main scientific interests lie with aesthetic phlebology and laser use in medicine and surgery.

A/Prof. **Tomasz Urbanek** (Poland)
Vascular Surgeon
Past President and President Elect, Polish Society of Phlebology

Tomasz Urbanek is a vascular surgeon and angiologist, working at the Department of General Surgery, Vascular Surgery, Angiology and Phlebology at the Medical University of Silesia in Katowice, Poland. His main scientific interests have been focused on venous thromboembolism and DVT treatment as well as chronic venous disease pathogenesis and treatment (including post-thrombotic syndrome).

A/Prof. **Anders Lundell** (Sweden)
Vascular Surgeon
Chairman, Scandinavian Venous Forum

Anders Lundell is a vascular surgeon, working at the Private Venous Centre in Malmo and Gothenburg, Sweden. His main scientific interest lies with endovenous laser therapy.
FINAL PROGRAMME

Friday, May 19, 2017

7:00  Registration
8:00  Welcome. U. Maurins (Latvia)
8:10-10:30  VIDEO SESSION

- 8:10-8:15  Principles of CLaCS therapy. K. Miyake (Brazil)
- 8:19-8:24  CLaCS therapy of spider veins – Latvian approach. R. Vigants (Latvia)
- 8:28-8:33  The saline flush network. K. Parsi (Australia)
- 8:37-8:42  Technique of foam sclerotherapy – German approach. E. Rabe (Germany)
- 8:46-8:51  Microsclerotherapy of skin veins under VeinViewer guidance. S. Prave (Latvia)
- 8:55-9:00  Miniphlebectomy in special indications. Z. Boehm (Germany)
- 9:04-9:09  Unwanted veins of the forearm and the hand: treatment options. A. Flor (Austria)
- 9:22-9:27  Miniphlebectomy of feeding veins by using crochet hook. K. Miyake (Brazil)
- 9:40-9:45  Ultrasound-guided ambulatory phlebectomy for varicose veins following endovenous ablation. M. Hirokawa (Japan)
- 9:49-9:54  EVLA of great saphenous vein in tumescent anesthesia. U. Maurins (Latvia)
- 9:58-10:03  Vein surgery performed in tumescent anesthesia. H.P. Steffen (Germany)
- 10:07-10:12  Technique of Shave operation for therapy resistant leg ulcers. J. Rits (Latvia)
- 10:16-10:21  Treatment of vascular malformations. K. Parsi (Australia)
- 10:21-10:30  Discussion

10:30-11:00  Break

11:00-12:30  SESSION: Diagnostic and treatment strategy

- 11:00-11:12  KEYNOTE: Progression of chronic venous disease. E. Rabe (Germany)
- 11:30-11:37  Score 9-1. How to classify aesthetic phlebology patients using augmented reality and duplex ultrasound investigation. K. Miyake (Brazil)
- 11:40-11:47  Matching the clinical examination with ultrasound findings. Creating of treatment plan. J. Rits (Latvia)
- 11:50-12:02  KEYNOTE: A la carte treatment for patients with varicose veins. M. De Maeseneer (Netherlands)
- 12:05-12:12  Different aspects of diagnosis and therapy of vein disease. A. Lundell (Sweden)
- 12:15-12:22  Post-thrombotic syndrome – can we avoid it? T. Urbanek (Poland)
- 12:22-12:30  Discussion

12:30-13:30  Lunch break

13:30-15:00  SESSION: Minisurgery and aesthetic phlebology

- 13:30-13:42  KEYNOTE: Natural history of varicose veins. E. Rabe (Germany)
- 14:00-14:12  KEYNOTE: Combination of minisurgery and sclerotherapy in treatment of telangiectasias. Z. Boehm (Germany)
- 14:15-14:22  Combining modern vein care and aesthetics. J. Rits (Latvia)
- 14:25-14:32  First experience of CLaCS in Russia. M. Parikov (Russia)
- 14:35-14:42  Laser treatment of leg telangiectasias. R. Dagilaitis (Lithuania)
- 14:45-14:52  Compression film bandage after sclerotherapy J.C. Ragg (Germany)
- 14:52-15:00  Discussion
Saturday, May 20, 2017

**SESSION: Free paper presentations**

**Moderators:** M. De Maeseneer (Netherlands), I. Bihari (Hungary), S. Karniyevich (Belarus)

- **8:00-8:07** A new approach to the two-stage protocol of EVLT. J. Kalemba (Poland)
- **8:10-8:17** Staged strategy in treatment of patients with large varicose veins. Z. Boehm (Germany)
- **8:20-8:27** What if only EVLA? O. Pozniakova (Belarus)
- **8:30-8:37** Ten years of experience in varicose vein laser surgery. I. Bihari (Hungary)
- **8:40-8:47** Morphological changes after endovenous laser ablation 1470 nm of different power but similar linear endovenous energy density. D. Borisuk (Russia)
- **8:50-8:57** 5 years follow up data of endovenous radiofrequency ablation. A. Szabo (Hungary)
- **9:00-9:07** Comparison of endovenous laser and radiofrequency ablation in treatment of varicose veins. L. Borovkova (Belarus)
- **9:10-9:17** Uncommon varicose veins – clinical approach. A. Vanags (Latvia)
- **9:20-9:27** Accessory saphenous veins: when and how to treat? L. Velicka (Lithuania)
- **9:30-9:37** Where are we currently in the treatment of perforating veins? L. Romero (Mexico)
- **9:40-9:47** Radiofrequency ablation of saphenous veins with perioperative administration of oral rivaroxaban: a single center experience. E. Murzina (Russia)
- **9:50-9:57** New treatment technologies for chronic venous disease. N.E. Sanchez (Mexico)
- **10:00-10:07** Novelties and future trends to treat and to avoid venous insufficiency. J.C. Ragg (Germany)
- **10:10-10:17** Laser treatment of spider veins. A. Angelov (Bulgaria)
- **10:20-10:27** Ultrasound-guided sclerotherapy, therapeutic supplement. J. Serralde (Mexico)

- **10:30-11:00** Break
11:00-12:50  SESSION: Endovascular techniques
Moderators: K. Parsi (Australia), A. Flor (Austria), U. Maurins (Latvia)
11:00-11:12  KEYNOTE: Principles of endovenous laser ablation with 1470nm laser and radial emitting fibers. U. Maurins (Latvia)
11:15-11:27  KEYNOTE: Endovenous ablation of leg veins: should we be more or less radical? A. Flor (Austria)
11:30-11:37  My experience with Flebogrip – 12 months follow up T. Zubilewicz (Poland)
11:40-11:47  Dose finding study of laser energy and denaturation of the vein wall during EVLA. M. Parikov (Russia)
11:50-11:57  Laser crossectomy. I. Bihari (Hungary)
12:00-12:12  KEYNOTE: "Laser crossectomy" - fiction or reality? U. Maurins (Latvia)
12:15-12:22  Are there aspects for EVLA in the treatment for GSV and AASV in the same session? F. Pannier (Germany)
12:25-12:32  EHIT - Disease or coincidence. H.P. Steffen (Germany)
12:35-12:47  KEYNOTE: Minimally invasive management of recurrent varicose veins. M. De Maeseneer (Netherlands)

Sponsor of session company BALTON

12:50-13:50  Lunch break

13:50-15:30  SESSION: Vascular malformations, thromboembolic disease and deep venous interventions
Moderators: T. Urbanek (Poland), L. Chernukha (Ukraine), L. Velicka (Lithuania)
13:50-14:02  KEYNOTE: Overview of vascular anomalies. K. Parsi (Australia)
14:05-14:17  KEYNOTE: Congenital vascular malformation. Reality of the pathology and mysteries of the treatment. L. Chernukha (Ukraine)
14:20-14:27  Chronic venous obstruction – diagnostic and indications to endovascular treatment. L. Velicka ( Lithuania)
14:30-14:37  Thromboembolic Disorders and Pregnancy. H. Kiesewetter (Germany)
14:40-14:47  DVT anticoagulant treatment – how long is enough? T. Urbanek (Poland)
14:50-14:57  May-Thurner syndrome, multidisciplinary management. J. Serralde (Mexico)
15:00-15:12  KEYNOTE: Do we have an ideal venous stent? – current technology, practical advices and future perspectives. T. Urbanek (Poland)
15:15-15:22  “Two levels” of varicose disease. Myth or reality... L. Chernukha (Ukraine)
15:30-16:00  Break

16:00-17:45  SESSION: Compression therapy and leg ulcers
Moderators: E. Rabe (Germany), H.P. Steffen (Germany), N. Markevicius (Lithuania)
16:00-16:12  KEYNOTE: Evidence based indications of medical compression stockings in chronic venous diseases. E. Rabe (Germany)
16:15-16:27  KEYNOTE: Dermatologic manifestations of venous disease. K. Parsi (Australia)
16:30-16:37  Compression therapy for advanced venous disease - practical approach. I. Brunenieks ( Latvia)
16:40-16:47  Practical aspects of compression therapy in hot climate. A. Haghshenas (United Arab Emirates)
16:50-16:57  Lymphatic disorders after open surgery and thermal ablation. H.P. Steffen (Germany)
17:00-17:12  KEYNOTE: Tips and tricks for varicose vein treatment in post-thrombotic syndrome. M. De Maeseneer (Netherlands)
17:15-17:22  EVLA in the treatment of venous ulcers. S. Karniyevich (Belarus)
17:25-17:32  Long-term results of venous ulcers treatment. I. Ihnatovich (Belarus)
17:35-17:42  Foam sclerotherapy in treatment of venous ulcers. P. Gavrin (Belarus)
17:45-18:00  Break

18:00-19:00  General Meeting of Baltic Society of Phlebology (Members Only)
Gala Dinner
7.30 pm / Friday / May 19 / 2017
CONGRESS VENUE

SemaraH Hotel Lielupe

Bulduru prospekts 64/68,
Jurmala, LV-2010,
Latvia

Accommodation: On behalf of the meeting attendees, a special rate has been secured for the dates of the meeting at 51 eur/night per standard single room, 61 eur/night per standard room double occupancy at the SemaraH Hotel Lielupe. These discounted rates are only available upon presentation of the keyword: “Varady-congress”.

For reservations, please download the Hotel Reservations Form and, upon completion, e-mail it to reservations@semarahhotels.com or fax to +371 66119336. You may also call the SemaraH Hotel Lielupe at +371 67752755.
CONGRESS VENUE

• 3 minutes walk to Bulduri beach
• 15 min by car from Riga International Airport
• 25 min by car from Riga city centre
REGISTRATION

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Prior to March 31, 2017</th>
<th>After March 31, 2017</th>
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<tbody>
<tr>
<td>Members of the Baltic Society of Phlebology and International Forum for Minisurgery of Varicose Veins</td>
<td>40 EUR</td>
<td>80 EUR</td>
</tr>
<tr>
<td>Full registration fee</td>
<td>60 EUR</td>
<td>120 EUR</td>
</tr>
<tr>
<td>Residents, nurses</td>
<td>20 EUR</td>
<td>40 EUR</td>
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<tr>
<td>Accompanying persons</td>
<td>20 EUR</td>
<td>40 EUR</td>
</tr>
<tr>
<td>Gala dinner</td>
<td>30 EUR</td>
<td>30 EUR</td>
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</tbody>
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Registration fee for participants includes:
- Admission to the congress and access to scientific sessions
- Access to the exhibition
- Congress bag
- Congress documentation
- Congress badge
- Certificate of attendance
- Refreshments served during coffee breaks

Registration fee for the accompanying persons includes:
- Access to the exhibition
- Refreshments served during coffee breaks

To register, please visit the Baltic Society of Phlebology website at www.baltic-phlebology.org and download the Congress Registration Form and, upon completion, fax it to +371 67 241343 or e-mail it to: events@baltic-phlebology.org. For more information call +371 29 213773, or enquire by e-mail: events@baltic-phlebology.org, www.baltic-phlebology.org.

OFFICIAL LANGUAGE
The official language of the Congress will be English with no simultaneous interpretation available.

IMPORTANT DEADLINES
- Deadline for submission of abstracts: March 31, 2017
- Deadline for reduced registration fee: March 31, 2017
CONTACTS

SCIENTIFIC SECRETARIAT

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